

Our vision is that all people with a learning disability and their carers in Sheffield feel valued and respected. We believe that everyone should be supported to reach their full potential and to live the life they choose.



Children and young people's services

Shine Out on Saturdays

Shine Out on Saturdays is a performing arts group for young people aged between the age of 8 and 16 years old. Shine Out gets involved in lots of different activities including dancing, singing, music, painting and making new friends! The group runs on alternate Saturdays from 10am until 12:30pm and a healthy snack is provided. This group is free of charge.



Thank Gateway It's Friday (TGIF)

Thank Gateway It's Friday is a youth group for individuals aged between 6 and 15 years old. It is an opportunity to meet in a safe and supervised setting whilst having lots of fun. The group is open for both young people with a learning disability and their siblings.

TGIF is both person-centred and family-centred taking each child's preferences and support needs into account. TGIF provides a mix of activities including sports, cooking and arts/ crafts. The group runs from 6:30pm until 8:30pm and costs £2 per session.



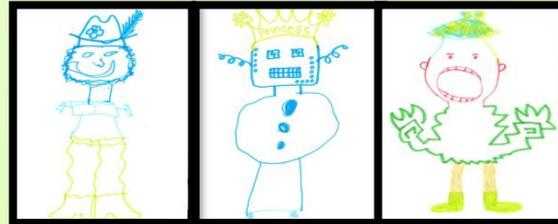
Special Needs Inclusion Play Scheme (SNIPS)

SNIPS is a unique, person centred service for children and young people which provides a fun and safe environment for individuals to get involved in different activities. The service is held at Norfolk Lodge but all referrals need to go through Sheffield City Council. The service is able to provide one to one support if needed. Activities include art, sport, cooking and pottery, music and team games. The services runs on Saturdays and during the school holidays. If you would like more information please contact Rebecca Critchley, Playcare Mentor at Sheffield City Council on 0114 2734017.



Norfolk Lodge

Sheffield Mencap and Gateway has a large, safe, well-equipped building in the Norfolk Park area of the city on the Supertram route. Our building is fully accessible and has a changing places facility.



For more information and to make an appointment to come for a visit, please contact us. If there is anything you would like to do which isn't on this leaflet, talk to us and we will see what we can do.

Telephone: (0114) 276 7757

Ask for Elaine or Gareth

Email:

developmentmanager@sheffieldmencap.org.uk

Address: Norfolk Lodge,
Park Grange Road,
Sheffield,
S2 3QF

Website: www.sheffieldmencap.org.uk

Please note that Shine Out on Saturdays and Thank Gateway It's Friday are unable to administer medication or provide personal care. Therefore you will need to bring a carer or support worker with you if you need this support.

Patron: Graham Honeyman, Chief Executive at Sheffield Forgemasters International